

The Mission of **TEN** is to provide educat**10**n & informat**10**n for HIV-positive individuals in Colorado. In addition, we strive to empower individuals to be proactive in their mental and physical health and well-being. The newsletter is a peer-based collaborative effort, and we encourage material written and contributed by poz individuals to achieve our goal of being "by the community, for the community." We believe that "knowledge is power" and that individuals have a lot to learn and gain from each other by sharing their experiences and information.

SUMMER 2012
VOLUME VI, ISSUE II

INSIDE THIS ISSUE

GALA FESTIVAL 2012	2
THE NET	2
AIDS AT 31	3
COMING OUT WITH DONNA SUMMER	4
INTERNATIONAL AIDS CONFERENCE	5
HOWARD DENTAL	6
AUTUMN MOUNTAIN SIN WEEKEND	7
BROTHAS4EVER NOW	8
OUR UNEXPECTED JOURNEY WITH HIV	9
HIV VOLUNTEERISM: IN OUR HOUSE	9
ANNUAL AIDS WALK COLORADO	10
SUPPORT GROUPS	11
ACTG CLINICAL TRIALS	12
TEN FROM TEN	14
COMMUNITY EDUCAT 10 NAL FORUMS	15
WEB RESOURCES	15
CALENDAR OF EVENTS	BACK



SIN Colorado is a Gay Poz Men's Social Network supported by Treatment Educat**10**n Network



www.ontheten.org

The Newsletter of Treatment Educat**10**n Network—TEN

Ad Hoc HIV-POSITIVE CHORUS TO PERFORM AT GALA FESTIVAL 2012

A wonderful and unique mass-choir experience will be happening at the Denver GALA Festival. Under the direction of Reuben Reynolds, Artistic Director for the Boston Gay Men's Chorus, an ad hoc group of HIV-positive singers will perform Roger Bourland and John Hall's "Give us a Death Undiminished" from their monumental composition Hidden Legacies, as part of the Our Legacy=Our Song blockbuster. Participation is open to all singing delegates at the Denver Festival who are living with HIV. The idea for the ad hoc chorus originated with Joel Davis (Seattle Men's Chorus) see photo page 2:

"During Festival IV [also in Denver in 1992], we were a community drowning in grief and loss for those of us who were living with HIV inside our bodies and brains, we were confused and had only hope to keep ourselves afloat. I wanted returning to Denver to give me and other men living with HIV an opportunity to render a new choral narrative, to stand on that precipice again, all by ourselves and, absent the invocation of pity or sentimentality, defiantly assert that we will not apologize for our lives, that we continue to have lives worth living. For twenty years, 'Give us a death undiminished' has resonated with me because it speaks to the powerful, victim-free life that is mine and ours to own right now." Maestro Reynolds goes on to say: "It is a great honor to be included in the performance of 'Give us a death undiminished' from Roger and John's wonderful Hidden Legacies. Like many in the GALA family, I first heard it in Denver the first time the festival was there! I was immediately struck by its wonderful music and powerful message. I went straight back to Kansas City and performed it with the Heartland Men's Chorus. To this day I have the score on the bookcase behind my desk.



Every few years, I pull it out with the idea of performing it again. What a joy then to get the chance to revisit 'Give us a death undiminished,' especially in a context as powerful as this. John Hall's words ring just as true today as they did in 1992. Even though the world and HIV have changed drastically in the last 20 years, we must never forget what it was like and how far we have come. This is one of my best memories. It is a pleasure to bring it to life again with you for a whole new audience!"

Our Legacy=Our Song
Sunday July 8, 2012
9:15 p.m. Buell Theater

A concert celebrating GALA's LGBT history through stories, photographs, narration and with music commissioned by our choruses over our 30-year history. Hosted by Dan Savage and Vanessa German.

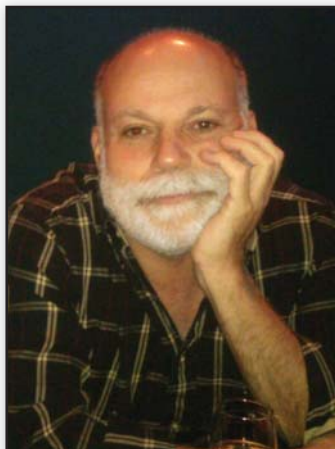
GALA FESTIVAL 2012! DENVER COLORADO

Concerts & Events from
Early Morning to Late Night:
Saturday thru Wednesday, July 7-11, 2012

www.galachoruses.org

4.5 days, 45 ensembles, 130 choirs, 200 performances,
and over 6,000 delegates in beautiful downtown Denver.

Are you ready for a music-packed and fabulous GALA Festival 2012? Festival 2012 features many new and exciting programming elements including three incredible performing venues, late-night cabaret venues for ensembles, evening block buster concerts, morning coffee concerts, additional performance opportunities, youth programming and special events for women. Festival offers an opportunity to share our joy in making music that makes a difference as over 6,000 GALA delegates descend upon Denver for five days of music-making.



Joel Davis

Festival 2012 offers a feast of innovative and excellent choral concerts. With nearly 200 concerts in 4.5 days, no other choral event in the world offers performances from this many performing ensembles. Morning coffee concerts feature GALA choirs performing new works, multi-disciplinary art and unique concert programming. Delegates will sample music from choirs in three unique performance halls during the afternoon. Each evening delegates will enjoy Blockbuster Concerts with performances from our member choruses programmed around a theme or topic.



Maestro Reuben Reynolds

The July 7 Festival Opening Carnival features simultaneous events around the performing venues and outdoor Galleria including: opening concerts by the Colorado GALA choruses, ensemble performances, food and drink vendors in the Galleria and Sculpture Park, and a youth delegate party.



TEN is pleased to announce that the **NET-A Peer Support Series** is coming back newer and better than ever to reach out to individuals who are impacted by HIV. Fall into the NET with Rick Smith, the creator and founder of the NET, who is bringing it back under his dynamic established leadership again as an independent grass roots organization that

is not affiliated with any medical organization.

This is being announced by Rick to the community to invite you and those you think could benefit from the NET's services to join him this Fall, 2012 for the re-launch of the **NET- A Peer Support Series**, date and location to be announced. The NET is dependent upon your participation for its success. Please join Rick and offer your support either as a new participant or as a previous mentor/participant to help bring this organization back with this new grass roots approach and help us form our own HIV support network.

The NET was first launched in the fall of 2008 as a program by HIV+ people for HIV+ people and races. We look forward to offering you a safe supportive place to grow and learn! Since then it has continued to grow, reaching many HIV+ and HIV- men, woman and transgender people of all sexual orientations. If you are uncomfortable with or your schedule does not allow for the group experience, we can offer you access to a personalized mentor. These mentors are past participants of the NET series and have volunteered to be of support to you. If you find yourself in a situation that is overwhelming they can extend guidance and emotional support while you navigate difficult moments.

The NET is a way to:

- Learn about HIV.
- Reach out to others, creating a strong support network.
- Dismantle the stigma of HIV.
- Deal with specific issues surrounding being HIV+ or supporting a HIV+ person.
- Teach HIV+ people to be stronger advocates for their own healthcare.
- Create a loving safe space to grow as a person.

What types of services does The NET offer you?

- A "closed" group for HIV+ people that meets weekly. This is a nine week series that has a structured educational plan in addition to offering emotional support.
- Periodic social get togethers for all past and present NET participants.
- Self- Management Training seminars focused on making you a stronger advocate for your medical care.
- A "closed" group for HIV- people who are supporting a HIV+ loved one. (Coming Soon)

(continued on page 3)

AIDS AT 31: WHERE DO WE GO FROM HERE?

by Alex Garner

June 5th marks the 31st anniversary of AIDS. It was on this day, 31 years ago, that the CDC reported that 5 gay men were suffering from a rare pneumonia found in patients with failing immune systems. This was the beginning of an epidemic that would span the globe and cause unimaginable destruction. Thirty-one years later, the AIDS crisis has ended in the U.S. but what does the future hold for HIV?



In the U.S., the majority of people living with HIV are gay men. The majority of people who have died of AIDS are gay men. This disease has severely impacted our community. We've lost friends, lovers, brothers, husbands and fathers but we've also lost artists, activists, scientists and many bright minds. We will never be able to fully understand all that we lost to this disease.

But we survived. Our community and our culture carried on. We kept each other alive and the story of the LGBT community will always be one of resilience and perseverance. So what happens now?

We now have antiretroviral medications that can help people with HIV live long and healthy lives. If they maintain an undetectable viral load, their chances of transmitting the virus are reduced by 96%. We don't have a cure yet but the science that we do have has turned HIV into a chronic and manageable disease. It's also highlighted the great disparities that still exist in this country.

HIV continues to be an epidemic of race and class. Poor people and communities of color are the most disenfranchised when it comes to quality care and therefore they are the least likely to reap the rewards of the scientific advancements. It's nothing short of criminal that we live in the wealthiest country in the world and people die of AIDS due to lack of access to quality care.

Stigma is another enormous barrier to health care. It seems that HIV stigma is getting worse and HIV criminalization cases are proliferating throughout the country. At the same time, people are being fired from their jobs or denied entry to schools due to their HIV status. And stigmatizing prevention campaigns endure in the LGBT community.

But it's not all doom and gloom. We found our hope a long time ago and the world we live in holds great promise. The question remains, what happens now?

For the first time, people are talking about a realistic end to the epidemic and researchers are more confident than ever that a cure is on the horizon. We have new tools, such as PrEP and PEP, to help fight the disease and many promising things are in the pipeline. After 31 years of mostly pain and hardship, we have many reasons to be very optimistic about what the future holds for HIV.

It's not just HIV the disease, but it's also the culture of HIV. Now that HIV-positive people are living longer and healthier lives, they can be active participants in their communities.

THE NET

(continued from page 2)

Is there a charge for the NET?

No. This service is available to you at no cost. However, we welcome donations to help us meet the administrative costs for supplies and materials used during the sessions. Additionally, as a way to show your appreciation for these services we ask that you give back to the HIV community by volunteering in some way such as in the role as a Peer Mentor. If you are in need of HIV living support by a peer mentor who has learned to live with the issues of HIV and how to manage these new life defining challenges... and/or if you have questions about the NET's services, please contact us at: **Rick Smith 303.883.8043** or email him at rcsmith00@msn.com

Rick Smith is the founder, creator and facilitator of the **NET –a Peer Support Series** and has impacted hundreds of individuals living with HIV to take their power back and be all they dreamed of being for more than 10 years.

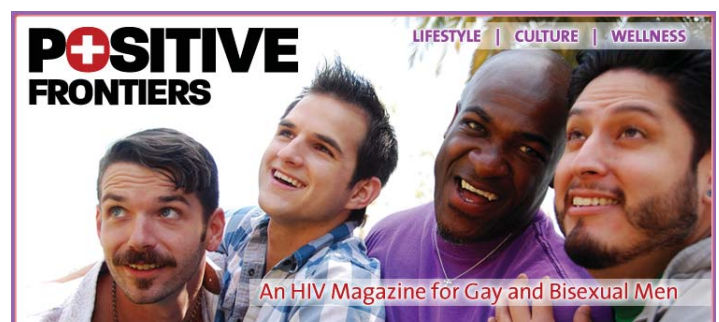
More and more positive people are speaking out about their experience and expanding the face of HIV. They are working in politics, business and the arts. New life has been breathed into ACT UP and poz people seem ready to fight and organize for what our communities need.

It's been 31 years and the pain and the loss are still too real for those who lived through those dark years of AIDS. Though the world has drastically changed, gay men still have a unique experience to this disease and HIV is there every time they have sex or even think about it.



The future of this epidemic, like it's past, will be determined by those who are most impacted by it. We have the opportunity to decide if we are going to continue to fight for social and economic justice in regards to this disease or if we are just going to watch some of us benefit while others get left behind. We also have the opportunity, if not the obligation, to tell our stories of HIV. It has been 31 years but the stories that exist barely scratch the surface. We can establish the modern narrative and cultivate the culture of HIV. By doing this, we can determine the future of this epidemic and our communities.

I invite you to follow me on Twitter at twitter.com/alexgarnerla and join me on Facebook.



COMING OUT WITH DONNA SUMMER

Mark S King at www.myfabulousdisease.com

The music my friends liked when I was a teenager intimidated me. It was the head-banging rock of the early seventies, and it felt alien and unappetizing. Most of all, it just felt... straight, in a way I knew I could never be. Alone in my room, I listened to my beloved Broadway musicals, and resigned myself to the fact that popular music would never really speak to me.

And then in 1977, when I was sixteen years old, I began sneaking into the only gay bar in Shreveport, Louisiana. Inside I found joy and liberty, fashioned with bell bottomed pants and handsome smiles and the dance floor—oh my God the dance floor—centering the nightclub was a glorious explosion of colored light and swinging hips and arms reaching up, up to the sky as if we could clutch it in our hands. The music was an entrancing bombardment of



sound, and one song, one mesmerizing invitation to touch the heavens, was played again and again.

It was Donna Summer. And she was singing "I Feel Love." The track was really the triumph of producer Giorgio Moroder, who created the driving, synthesized beat that would define Donna Summer's music for

years to come. But I knew I had to own this amazing song, and soon I stood proudly at the record store cashier to buy my very first popular album, Donna Summer's *I Remember Yesterday*. I had found my music, my voice, and my lifelong muse. The following year I had come out as a senior in high school, and Donna Summer was still in her "whisper period." It was never my favorite sound from her—it felt like playing chopsticks on a grand piano—and I knew from her other album tracks that she could let it rip. As I was graduating she did just that, with the release of her iconic "Last Dance." Her full throttle pipes were on stunning display. Dance parties would never be the same.

By the time I left home for college in New Orleans, the music of Donna Summer had exploded into popular culture. I felt so proud of her, as if I had discovered her myself. My nights in the French Quarter were spent in the Parade disco on Bourbon Street, dancing to "Hot Stuff" and "Bad Girls." The feeling of joyous exuberance that surrounded that disco is hard to describe. It was a sea of shirtless men, staking claim to our sexuality and the promise of infinite possibilities ahead. The incessant thump! thump! thump! of the beat was our clarion call, and it shouted Here! Here! Your tribe is here! We were so beautiful, in ways we were much too young to know.



And then soon, of course, the lights began to dim. By 1982, I was struggling in Los Angeles as an aspiring actor, and Donna Summer was having a musical identity crisis. Record executives wanted a new sound for her to accompany the changing times, and her longtime producer Giorgio Moroder had been replaced by a succession of others. The

red-hot Quincy Jones produced her Donna Summer album that year and their studio clashes became legendary. The album floundered and produced no significant hits.

At the Los Angeles gay pride festival the next year, I was thrilled to hear Donna's voice again, sounding gorgeous and almighty, singing "She Works Hard for the Money." I took to the dance floor but was somehow unable to muster the joy I had known only a few years before. Life had intervened. And it had brutal plans for the men under the dance floor tent.

Donna Summer produced dance floor singles, if not hits, in the years that followed, but we weren't paying attention. The night club crowds dissipated, as a silent killer plucked men away one by one. AIDS had begun its murderous march through the gay community. The villain wasn't simply the disease in those darkest of days. It was ignorance, and the judgment that rose up from social conservatives who saw Godly retribution in the horrific deaths of our friends. And so, when Donna Summer became a born-again Christian during this period



and announced she would no longer perform her early, erotically charged hit "Love to Love You, Baby," her gay audience viewed her with immediate suspicion.

An ugly rumor began. Someone claimed to have heard her make a homophobic remark during a concert appearance. Depending on who was repeating the story, she had either said AIDS was God's judgment, or that God made Adam and Eve, not Adam and Steve. The unsubstantiated rumor swirled and grew, in an environment in which gay men were particularly sensitive to ignorance and hatred. By the time Donna Summer took it all seriously enough to set the record straight, it was too late. What was left of her popularity fell victim to the social maelstrom of AIDS. I never believed the story, and defiantly continued buying her albums, though they appeared with less regularity. Donna Summer would have only one more true hit, "This Time I Know It's for Real," which I chose to perform for my maiden appearance in drag at an AIDS benefit.

(continued on page 5)

COMING OUT WITH DONNA SUMMER

(continued from page 4)

The fact that during this time Donna Summer was raising money for AIDS research gained little traction among emotionally bruised and unforgiving gay men.

Today, disco may be dead, but Donna Summer's music laid the groundwork for everyone from Madonna to Lady GaGa, even if my body has found it harder to approximate the dance floor moves of my youth. But in my mind, as I blast "*Dim All the Lights*" in the privacy of my living room, I am young and powerful and life is making promises that are wonderful and possible.

Donna Summer is among the spirits now, joining the legions of ghosts haunting brightly colored discos from another era. She is still cooing to them, to these throngs of boisterous men, inviting them to the dance, where there is everything to celebrate and nothing to forgive. The men are moving to the beat and laughing and holding one another. They are all beautiful, and they know it. And they feel love.



8th Annual Poz Cruise

* October 28 – November 4, 2012 *

A 7-night sailing from Ft Lauderdale
aboard the "Ruby Princess"
calling at St Maarten, St Thomas,
Grand Turk & Bahamas

Rates start at \$698

More info: www.HIVcruise.com



JOIN OUR TEAM!

Treatment Educat10n Network (TEN) is a partner agency in AIDS Walk Colorado, Saturday August 11th. That means funds raised by our team benefit both CAP and TEN. So by participating in our team, you are helping TWO organizations!

Participation couldn't be easier:

Simply register at: www.aidswalkcolorado.org.

1. Click on "Register"
2. Click on "Join a Team"
3. Under "Join an Existing Team," click on the drop-down menu and select "Treatment Educat10n Network"
4. Click continue, and create a username and password (or sign in if you've registered in the past).
5. When soliciting pledges, tell people to go to the website and click on "Donate" and choose "Select a Walker." Then they can enter your name and make a donation... REALLY easy!

Several things to remember:

- This is a well known event with thousands of participants (gay & straight, poz & neg). Therefore, asking for a pledge or donation is really easy, and doesn't imply anything about your status or persuasion.
- Ask friends, relatives, neighbors, co-workers, etc.
- You do not actually have to show up and walk at the park... or you can come for the camaraderie & entertainment & kick-off & activities, but not walk... or you can do it all.



**XIX INTERNATIONAL AIDS
CONFERENCE JULY 22 - 27
WASHINGTON DC USA**



ATTENTION: Keep tuned to the Internet & TV July 22-27 for news and information from this historic and monumental conference which will be intensively covered by the media.

The International AIDS Conference is the premier gathering for those working in the field of HIV, as well as policy makers, persons living with HIV and other individuals committed to ending the pandemic. It will bring together leading scientists, public health experts, policy-makers and the HIV-affected community to translate recent momentous scientific advances into action that will address means to end the epidemic, within the current context of significant global economic challenges.

The AIDS 2012 program will present new scientific knowledge and offer many opportunities for structured dialogue on the major issues facing the global response to HIV. A variety of session types—from abstract-driven presentations to symposia, bridging and plenary sessions—will meet the needs of various participants. Other related activities, including the Global Village, satellite meetings, exhibitions and affiliated independent events, will contribute to an exceptional opportunity for professional development and networking.

HOWARD DENTAL CENTER - WHO, WHAT, WHY AND HOW?

In Colorado, nearly 20,000 individuals are currently living with HIV and AIDS, including approximately 7,600 in the Denver Metro area. Getting good medical is important because AIDS is not the death sentence it once was. But did you know that good oral health plays a large role in overall health? After all, your mouth is the gateway to your whole body.



Howard Dental Center was founded in 1994 as a collaborative effort between dentists and dental educators who were concerned about the lack of oral health services available for people living with HIV/AIDS. It is named after Dr. John Howard, one of the first dentists in the Denver area willing to treat people with AIDS. Unfortunately, John died of AIDS in the late 80s.

We are a nonprofit dental clinic that provides comprehensive and integrated oral health care services to adults, youth & children living with HIV and AIDS. Just what does that mean? Research in the past decade has increasingly linked oral health (what's going on in your mouth) to the overall health of your body. This becomes more critical for people living with HIV and AIDS, whose immune systems are already under attack. We recognize that treating dental problems benefits our patients' general health – and sometimes saves a life!

And it works! In 2010, we treated over 850 patients (a 37% increase over 2009). Our patient no-show rate has dropped from 25% in 2000 to 10% in 2010 because our patients see the positive results of taking care of their teeth. Our services include treatment planning services, emergency care, annual x-rays and exams, prosthetic services (full/partial dentures), restorative services (crowns), hygiene and periodontal services, and preventive care/patient education programs

visit www.gravitydenver.com
*"A social network group for
poz folks in their 20s & 30s"*

And we watch our expenses closely. So far in 2011, for every dollar spent in expenses (including administrative and fund-raising expenses), we produced \$1.18 worth of services (based on the market rate for the services we provide), all with just 10½ staff: 2 dentists, 2½ dental assistants, 2 hygienists, a scheduler, medical case manager, development director and executive director.

Over 95% of our patients are living in poverty. They are not able to afford the dental care necessary to live a healthy life. We offer our services on a sliding scale and rely on individuals, special events, and foundation and government grants to provide the funds that allow us to continue to offer the excellent oral health care our patients need. In addition, in early 2012 we will begin taking Medicare, Medicaid and private insurance. To make a donation or to learn more about Howard Dental Center, go to our website www.howarddental.org or contact: Mary Salsich, Development Director

Howard Dental Center
1420 Ogden Street
Email: m.salsich@howarddental.org
Phone: 303.863.0772, ext.382



Treatment Educat10n Network (TEN) is a small grassroots non-profit organization. Please support TEN with a fully tax-deductable donation. No amount is too small or too big. Checks can be sent to: TEN * Box 9153 * Denver CO 80209-0153
 -OR- you can click on our PayPal "Donate" button at www.OnTheTen.org



a u t u m n

Mountain SIN

w e e k e n d

** a social weekend for gay poz men **

September 13-16 2012

*** Shadowcliff Lodge * Grand Lake Colorado ***

- ❖ Half-day hike in Rocky Mountain National Park
 - ❖ Road excursion on Trail Ridge Road in RMNP
 - ❖ Rocky Mountain Repertory Theatre *"The Marvelous Wonderettes"*
 - ❖ Putt-Putt Golf
 - ❖ Fishing
 - ❖ Bowling
 - ❖ Bicycling
 - ❖ Boating
 - ❖ Horseback Riding
 - ❖ Elk Bugling in RMNP
 - ❖ Campfires
 - ❖ Group games & activities
 - ❖ Hot Sulphur Springs
- (all activities are optional)

The weekend is \$125-175 (includes lodging & all meals)

Arrive Thursday afternoon or early evening, depart Sunday late morning

More info & sign-up link:
www.OnTheTen.org/mountainSIN

Mountain SIN Autumn weekend is organized by Treatment Educat10n Network (TEN) for Strength In Numbers (SIN)

BROTHAS4EVER NOW

by MaShawn Moore and Jimmy Holland

Booker T. Washington said, "There is no escape -- man drags man down, or man lifts man up." Brothas4Ever is in its 12th year, due largely in part to the Brothas who have been a part of this program, and who have chosen to uplift one another in order to build a stronger community. We've come a long way from our days of meeting in the lobby of the old "KDKO 1510 AM" radio station on Welton Street, yet we have maintained our dedication to our mission, and we continue to strive to live up to its ideals. We are dedicated to promoting the physical, emotional, and spiritual health of same-gender loving African-American men. The following is a glimpse of some of the things that Brothas4Ever currently offers.




We currently implement Many Men, Many Voices, and D-Up (Defend Yourself) intervention programs to prevent HIV and sexually transmitted diseases among black men who have sex with men (MSM); who may or may not identify themselves as same gender loving. The interventions address factors that influence the behaviors of black MSM: cultural, social, and religious norms; interactions between HIV and other sexually transmitted infections; sexual relationship dynamics; and the social influences that racism and homophobia have on our everyday lives including our sexual risk behaviors.

We have a weekly group level intervention session. Here we explore perceptions of masculinity and femininity as they relate to self-esteem; the impact of stereotypes and homophobia; risk assessments; relationships; communications skills; community norms; dynamics of anonymous sex; importance of the Church; civil rights; and HIV & STIs education.

We also have quarterly retreats (in Evergreen as well as Denver) that consist of three days of bonding with Brothas and learning more about yourself and the people around you. Every month we also have a "social thang" for Brothas to gather and hangout, play cards, and other activities at a space outside of *It Takes A Village*.

On Tuesdays we have a group specifically focused on our younger men (13-25). This group is done in collaboration with Children's Hospital. It gives young men a space all on their own, to explore themselves and the issues that are directly affecting them. Brothas4Ever offers one-on-one counseling, substance abuse treatment, linkage to care, HIV and STIs testing, and other services through its parent organization, *It Takes A Village*. Referrals are made for various other services as needed. We are a program for men who are HIV positive and negative. The main goal of Brothas4Ever has been and continues to be to increase self-efficacy around racial and sexual identity as it relates to perceptions of gender and overcoming stereotypes, homophobia, and racism. For more in please call **Brothas4Ever** at 303.367.5021 or visit our website at: brothas4ever.org.



THE STONEWALL HUDDLE
 Fridays 3pm - 4:30pm.
 Meet up at Unit 9 Denver Health Campus
 667 Bannock (OBHS)
 ground level yellow flag.
 Drop in group for support, for information
 A fresh approach to healthy living...
 Need Info?? 303-436-4981....

Rocky Mountain CARES

Presents

The Super-Awesome-Fantastic-Give-Us-Some-Cash

Comedy Extravaganza!!!

July 10th & 11th at 7:30pm
Avenue Theater 417 17th Ave. 80202

For tickets call Rocky Mountain CARES (303) 951-3694
or visit rockymountaincares.org

LIVE POSITIVE

AN OPEN HOUSE EVENT!

Wednesday, July 18, 2012 • 2:00-5:00PM
 ID Clinic, 5th Floor, 605 Bannock St., Denver, 80204

WIN PRIZES! FOOD PROVIDED!

Sisters of Color United for Education
 Colorado Health Network
 Project Angel Heart
 It Takes a Village
 HOPE
 Empowerment
 Servicios De La Raza
 Mental Health Center of Denver
 Outpatient Behavioral Health Services
 Colorado Department of Public Health and Environment



The World Is What You Make Of It.
 Learn about a variety of available services.

"UB2" SIN Happy Hour



Second Friday
of every month
6-7pm

Meet **upstairs** at
The Skylark Lounge
140 S Broadway

SE corner of S Broadway & Maple Ave

First drink is free if you have never attended before!

OUR UNEXPECTED JOURNEY WITH HIV

by Liz

Our journey began 21 years ago when we adopted our son, Dylan, from Romania. Even though he and his birth mother were tested for HIV, we had the rug pulled out from under our feet when Dylan was 18 months old. Due to some very peculiar symptoms, Dylan's doctor suggested we have him tested again. Of course we were adamant that it would come back negative again, but that was not the result we received. We think that he was infected by a dirty needle at the orphanage he was in for the first 6 weeks of his life. Unfortunately, we will never be able to confirm exactly how it happened. It is just an unfortunate fact of life.

His initial treatment began at The Children's Hospital in Los Angeles, which is where we lived at the time. It was an extreme emotional roller coaster ride. At that point in time we were told that he would be lucky to see his 5th birthday. Boy, did we fool them. LOL! He just celebrated his 21st birthday. YYY! When we got the opportunity to move to Colorado, our first concern was what kind of treatment was available for him. My initial call was to Carol, the HIV nurse at The Children's Hospital in Denver. She was awesome. For our initial trip to Colorado we set up an appointment with Dr. Betsy McFarland & Dr. Myron Levin to see what their program offered. We were very pleased. Both Betsy and Myron assured us that Dylan would get excellent care and they did not lie. The entire staff at the CHIP program is fantastic. They have helped and nurtured our son from 5 years old until now. It will be a sad day when he has to leave their program at age 25.

There have been incredible highs and lows in our life. Would I want a different outcome from that test result? You Bet! We have been fortunate that Dylan's health has always been good. The only reminder about HIV in his life is the one pill a day he needs to take every night, and going for a check-up every 3 months. Not bad considering we know a lot of other families that have kids that who are much sicker. The love and support that all the families share is incredible. Without it I don't think we would have survived as well as we did. The CHIP staff is part of that family.

When my daughter Marissa was born almost 11 years ago I didn't know how this would affect her life. I don't think she has a complete understanding about how HIV affects her brother's life. She knows that he is HIV positive and needs to take medicine to stay healthy and alive. I know that it is very scary for her. She has been fortunate to experience the love and support from the other families. There are various events sponsored by CHIP which we attend on a regular basis. She enjoys the time that she gets to spend with her extended family. She knows that some of her friends are positive but that doesn't matter to her, she loves them all the same. They are still her friends. The kids also get the opportunity to go to a camp for kids that are infected or affected.



TEN Director Michael's
3 yr old nephew Rogue supporting
2012 Gay Pride Columbus, Ohio

(continued on page 12)

HIV VOLUNTEERISM: IN OUR HOUSE

by Barb Cardell

"What do you do?"

It is a common question that I dread.

"I am a PROFESSIONAL volunteer," I usually respond with a cheery smile plastered on my face. What am I supposed to say?

"I CAN'T work because 20 years ago I tested HIV+ and just surviving was my full time job?"

"I DON'T work because fear and ignorance of HIV make people afraid to eat food I prepare?"

"I am unable to work because the dominant paradigm traps me with a traditional definition of a job, the hours, the attendance, even the "professional" outfits that I am often unable to provide?" (Those are the bad days when I am pissed at how inflexible employers are).



I am fortunate in many ways. I am married and my husband long ago offered to be the financial support in our family. He provides the health insurance, the roof over our heads, the food on the table. Does he hold it over me? Nope, for some reason that still mystifies me, he is just glad to have me alive and in his life. Does it make it any easier to be the stay at home partner? Nope, all our values and worth as adults are tied to our jobs, our paid jobs.



So what do I do? I volunteer, a lot. I squeeze 28 hours out of every 24, over scheduling myself so that I can be at every meeting, helping every person that needs me or taking every shift.

Here is the puzzling part, what kind of job would I like or be good at? I don't even know. 20 years of advocating and educating has made me pretty good at bunch of different things, I was blessed with a pretty agile mind and an innate curiosity. What does that sound like to you? Like so many other under-employed HIV+ women, I don't even know what a job that uses my unique skills looks like. What does it look like to you?

(continued on page 10)



please visit
www.ontheten.org

THANK YOU VOLUNTEERS!

TEN wants to thank all the volunteers who helped pour beer at the Wrangler Charity Beer Bust on Memorial Day Sunday May 27. We made \$1541.00!

Alejandro, Amanda, Bobby, Bruce, Bryan, Carl, Celine, Chris, Claire, Ed, Gary, Guy, James, Jeff, John H, John P, John R, JohnPaul, Ken, Kenny, Kurtis, Lenny, Leroy, Louis, Mario, Michael D, Michael P, Raymond, Ricky, Ronald, Slade, Steve, Storm, Tom, Tony, Tor, Vince

If you would like to volunteer for the beer bust on Sunday October 21st, email retreat.shadowcliff@gmail.com or call 303.777.208

**THE DENVER
WRANGLER**

17th St and Logan, Downtown Denver, Colorado

The Yoga Group - for **pozitive** people

Tuesdays: 4:30-6pm * 2670 S Gilpin St
(call Claudia for info: 303.744.3407)

Wednesdays: 5:15-6:45pm Sundays: 10:15-11:30am
Iyengar Yoga Center * 770 S Broadway
(more info: 303.575.1673 * www.yogagroup.org)

Join us. No reservations necessary!
Wear loose-fitting clothes

Since 1989, the Yoga Group has provided free classes for people with HIV in a friendly, relaxed environment. We have found yoga helpful in maintaining health, relieving drug side-effects, and providing emotional support.

Yoga Group classes are free for all positive people regardless of current health condition, or previous yoga experience. Your partner is welcome to join us for a nominal fee of \$5 (free on Saturday).

Yoga is also available in Colorado Springs every Saturday 10:30a-12:30p at Pikes Peak MCC, 1102 S 21st St



HIV VOLUNTEERISM: IN OUR HOUSE

(continued from page 9)

So here is a challenge to our allies, coalitions, boards, and organizations that love and rely on their "HIV+ super-volunteers": if you love our work ethic, if you don't know how you would survive without our HIV+ knowledge and experience, invest in skills-building and economic opportunities that support us. Invest in our development as professionals including options to take a leadership role. Forward us job opportunities, always demand speaker honorariums when others ask if you have HIV+ people who can speak, send us information on skills-building trainings, and put extra effort into ensuring that when we are given the chance to present or participate in a meeting or conference that there are resources to fund us to get there. If you think we are perfect for a job, ASK us if we are interested. We might not even believe we are qualified. If you want our expertise, OFFER US A JOB, OFFER TO PAY US. Trust me, it won't offend us, we will feel honored.

Women living with HIV are often pushed into poverty or economically unstable situations. To uphold the HIV community's call for economic justice, we must practice what we preach in our own house. We must take to heart and walk the talk in our own house. Otherwise, we are not advocating for people living with HIV, we are fostering its devastating impact. Barb Cardell writes from Boulder, Colorado.



**SUNDAY, JULY 8, 2012
X BAR 629 E COLFAX DENVER**

Let's Get Ready To Rumble

Prepare yourself for the 2nd Annual
Smack Down AIDS Lube Wrestling Event
at X Bar on July 8th!

This action-packed event will host a
variety of activities you don't want to miss.

- Five Slippery rounds of water-based entertainment
- Chance to pre-lube the wrestlers prior to their matches
- Drawing and giveaways for various prizes including gift baskets from ID Lube
- Drink Specials
- And More!

If you are interested in being a wrestler
or if you have further questions, please contact
AIDS Walk Colorado at 303.861.9255, ext 151.

Your Voice Has an Impact!

Participate in the Ryan White Part A
Priority Setting and Resource
Allocations Process

- + July 31st - We will educate attendees about the Council's overall role and the comprehensive plan needs assessment findings. This year the planning council will focus on the needs of African Americans, Foreign Born, Aging with HIV and homeless. We would especially like to hear from women and youth within each of these groups.
- + August 29th - Participants will receive a report back to the community on decisions made during priorities. Participants will be asked for their input on any changes they would recommend for the future to ensure the PLWHA community is engaged, and their voice is heard, in the priorities process.

RSVP is required, and can be completed by contacting Maria Lopez at 720.865.5503 to ensure proper logistics planning

Location: Mi Casa Resource Center
360 Acoma St. Denver, CO 80223
5:00 – 7:30pm, dinner served at 5:00
Incentives provided for attendance



HEALTH CARE IS A BASIC HUMAN RIGHT

*"Get Involved, Get Informed,
Make a Difference."*



S U P P O R T G R O U P S

Every Tuesday 4:30-6pm: "Let's Chat" (closed group, sign-up required)
CAP * 2490 W 26th Ave 3rd floor * Denver 80211 * More info: Brian 303.837.1501 x490

Every Tuesday 11am-12:30pm: "Healing Ourselves: Addressing HIV, Trauma & Addiction" (drop-in)
It Takes a Village * 1475 Lima St * Aurora 80010 * More info: Crystal 303.367.4747

Every Wednesday * 6:30-9pm: "theNetwork" (closed group, sign-up required)
Rocky Mountain CARES * 4545 E 9th Ave Suite 110 * Denver 80220 * More info: Adrian 720.883.7761

Every Wednesday 6:30-8:30pm: "Going Strong" (closed group, sign-up required)
9th & Sherman * Denver 80203 * More info: Paul or Ryan 303.399.9988

Every Thursday 7-9pm: "Compas" group for Spanish-speaking men (drop-in)
Denver Health * 6th Ave & Bannock St * Denver 80204 * More info: Marshall 303.602.3619

Every Thursday 3-5pm: "Vision!" substance abuse treatment group for women
Empowerment * 1600 York St * Denver 80206 * More info & sign-up: Aleesa 303.320.1989 x226

Every Friday 2-3pm: Women's Support Group (drop-in)
Empowerment * 1600 York St * Denver 80206 * More info: Liza 303.320.1989 x220

Fourth Tuesday of the Month 5:30-7pm: HIV & Hep-C Co-Infected Group (drop-in)
Meet in lobby 1735 York St * Denver 80206 * More info: Ugur 720.335.5403

First Wednesday of the month 6-8pm: Group for Poz & their partners (drop-in with potluck dinner)
SCAP * 1301 S 8th St Ste 200 * Colorado Springs 80905 * More info: 719.578.9092 / 800.241.5468

Third Wednesday of the month 6-8pm: Poz only Group (drop-in with dinner provided)
SCAP * 1301 S 8th St Ste 200 * Colorado Springs 80905 * More info: 719.578.9092 / 800.241.5468

Second & Fourth Friday 2:30-3:30pm: "Stay Out of Jail Free" for formerly incarcerated (drop-in)
It Takes a Village * 1475 Lima St * Aurora 80010 * More info: 303.367.4747

If you would like to list your group, please leave a message for Michael at 303.7777.208

Clinical Trials Now Enrolling

UC = University of Colorado Denver, Anschutz Medical Campus, E 17th Ave & Quentin St, Aurora

Contact: Graham Ray : 303.724.0712 : graham.ray@ucdenver.edu

DH = Denver Health ID Clinic, 6th & Bannock St, Denver

Contact: Julia Weise : 303.602.8742 : Julia.weise@dhha.org

ACTG= AIDS Clinical Trials Group network; INSIGHT= INSIGHT network

AMC= AIDS Malignancy Consortium

> = greater than < = less than; CD4 = T-cells; VL = viral load

ART = HIV medications (i.e. antiretroviral treatment/therapy)

Naïve = never taken any HIV medications

Experienced = have taken HIV medications



ART Naïve: START: "Strategic Timing of Anti-Retroviral Treatment" (INSIGHT)

A study to determine whether immediate initiation of ART is superior to waiting until the CD4 falls below 350

- Conducted at DH only
- CD4 = > 500
- Receiving medical care in the Denver Metro area (Denver Health, University, or any other provider)
- HIV medications provided for course of study (about 5 years)

Randomly assigned to either Early or Deferred Group:

- Early Group begins ART immediately

- Deferred Group waits and starts ART when CD4 declines to < 350

ART Experienced: A5251: Randomized Trial of Enhanced Nursing Telephone Support to Improve Medication Self-Management and Viral Outcomes of ART-Experienced Patients

- Conducted at DH only
- Enhanced nursing telephone support versus usual ACTG site care
- 72 weeks (48 weeks of intervention/control and 24 weeks of follow-up)
- History of prior non-adherence to ART; experienced virologic failure on combination ART

ART Experienced: A5258: Exploratory study to see if chloroquine can reduce immune activation (ACTG)

- Conducted at UC only (24-week study)
- Currently on ART
- Undetectable VL for >2 years; CD4= <350

ART Experienced: A5275: Pilot study to determine the effect of atorvastatin on "markers" of inflammation (ACTG)

- Conducted at UC and DH
- ART regimen must include a boosted Protease Inhibitor (at least 6 months with no plans to change)
- Undetectable VL for >2 years
- LDL <130; Fasting Glucose <110; fasting triglycerides <400
- No active Hepatitis B or C. No known inflammatory conditions.

ART Experienced: A5293: ER niacin vs fenofibrate for lipids and inflammation in HIV+ with low HDL (ACTG)

- Conducted at UC only
- CD4= >100
- HDL = <40; Triglycerides = 200-800

ART Naïve: A5303: Bone, neurocognitive, & immunological effects of an ART regimen that includes maraviroc (Selzentry) (ACTG)

- Conducted at UC only (48-week study)
- VL = >2000 (virus must be R5 tropic, which is most people)
- HIV medications provided; study includes DEXA scans
- Placebo-controlled (and double blinded)

ART Naïve: Pfizer1095: Randomized, double-blind, comparative trial of maraviroc + boosted darunavir versus tenofovir/FTC + boosted darunavir in people with CCR5-tropic virus

- Conducted at UC only
- Never taken ART

Tuberculosis: A5279: Ultra short-course rifapentine / isoniazid for prevention of active TB in HIV+ persons with latent TB (ACTG)

- Conducted at UC and DH
- 3-4 year study (10 visits in 1st year, 4 visits each year after that); \$10 gift card per visit
- On or off ART within certain parameters
- Includes DEXA scans

HPV Prevention: A5298: HPV vaccine to prevent anal HPV infection in HIV-infected men (placebo controlled & blinded)

- Conducted at UC and DH (followed for 3-4 years)
- Age = >27 yrs
- Receptive anal sex (penile or oral) within one-year of study entry

HEP C: A5294: Trial of Boceprevir, Interferon Alfa 2b and Ribavirin in HCV/HIV Coinfected Persons (ACTG)

- Conducted at UC and DH

HEP C: A5309: Pharmacokinetics and Drug Interaction Potential of Boceprevir in HIV/HCV Co-Infected Persons (ACTG)

- Conducted at UC only

HIV Negative: Vaccine Study (for prevention) ("Stand Up For Love" in various publications)

- Conducted at UC only
- Sexually active men who have sex with men 18-50m years old (must meet certain lab criteria)
- Must be circumcised
- CANNOT get HIV from vaccine

COMING SOON

HPV: AMC 076: Infrared coagulator (IRC) ablation vs expectant management of HGAIN (high-grade anal intraepithelial neoplasia) (AMC)

- Conducted at DH only (2 year study)
- CD4 = >200; Men and women
- No history of anal cancer and no prior treatment of HGAIN
- Biopsy-proven AIN 2 or 3

ART Naïve: A5292: Compare effects of ART vs statins on endothelial function and inflammation (ACTG)

- Conducted at UC only (24-week study) For people with elevated cardiac risk.
- CD4= >500; VL >2000
- Either pravastatin alone for 24 weeks -OR- Atripla alone for 12 weeks then pravastatin added for another 12 weeks

ACTGACTGACTGACTGACTGACTGACTGACTGACTGACTGACTGACTGACTG

OUR UNEXPECTED JOURNEY WITH HIV

(continued from page 9)

At the camp they have a fantastic time but there is also education about HIV. I feel fortunate that my daughter has had the opportunity to have been born into such a wonderful family. The love and bond she and her brother share is incredible. Yes, there is normal sibling rivalry but when it comes down to it, they treasure the time that they spend together. While the adoption of our little boy came with many unexpected turns, when I look at my family today, we are so lucky to have each other.....HIV is just one piece of our story. —Liz

RECEPTION & BOOK SIGNING RUNNING IN BED BY JEFFREY SHARLACH

Monday, July 9, 5:30—7 pm
The Corner Office 1401 Curtis Street Denver

***A generation of men came of age in the years
after Stonewall, exhilarating in the boundless
freedoms and temptations of that decade.
And then came the 80s.***

In what Kirkus called a "vibrant, accomplished debut,"
Author Jeffrey Sharlach paints a brilliant picture of life



for a gay man at that moment in history. From the New York club scene to summers at Fire Island to the dawn of AIDS, Sharlach writes with humor, poignancy, and charm, presenting characters who that universal in their appeal.

***A portion of all proceeds from book sales
will benefit Denver Colorado AIDS Project.***

SIN Coffee Get-together

First Sunday of Every Month

11am - 1pm



Panera * 13th & Grant

(free parking in garage: turn in to the right from
westbound 13th just after alley but before Grant)

look for us in east area by fireplace,
coffees and light brunch fare
are available (but not required)

... casual conversation with other gay poz guys ...
(this is not a support group or heavy discussion group)



Would you like to contribute to this newsletter?

The *TEN* Newsletter is published quarterly and welcomes
submissions on anything HIV-related.

All submissions are subject to editing (for length & clarity)
and should be 500-600 words or less.

Please send articles to rebuiltdenver@yahoo.com
(put "newsletter" in subject line).

TEN *from* TEN

1 A new pilot program could make getting an HIV test at the drugstore as common as getting a flu shot. The \$1.2 million Center for Disease Control (CDC) program will offer free rapid HIV tests at pharmacies and in-store clinics. The tests are already available at 7 places, including Washington DC, Oakland CA, and an Indian health service clinic in Montana. The CDC will soon pick 17 more locations. It is now recognized that getting people tested and into care is vital to reducing new infections. Persons who know their status and are on successful antiretroviral therapy (achieving and staying at undetectable levels) are unlikely to spread HIV.

2 The American Medical Association (AMA) agreed to support legislation that would require classes in the causes, consequences, and prevention of obesity for 1st through 12th graders. Obesity among Americans, especially children, is a growing epidemic with many long term consequences both to individuals and the health care system.

3 What used to be called illegitimacy is now the new normal. After steadily rising for five decades, the share of children born to unmarried women has crossed a threshold: More than half of births to US women younger than 30 occur outside marriage. Once largely limited to poor women and minorities, motherhood without marriage has settled deeply into middle America. The fastest growth in the past two decades has occurred among white women in their 20s who have some college education but no four-year degree.

4 Don't worry about when the world as we know it might end. NASA has calculated that our entire Milky Way galaxy will crash into a neighboring galaxy with a head-on hit -- in 4 billion years. Observations from the Hubble Space Telescope detail a galactic smash-up. Scientists say the sun and Earth should survive what will be a 1.2 million mile per hour galactic merger.

5 The Colorado Department of Public Health and Environment (CDPHE) is launching a program to help lesbian, gay, bisexual, and transgendered Coloradans get better health care. The agency said more than 45 organizations are supporting the plan. The department says lesbian, gay, bisexual and transgender Coloradans have higher rates of substance abuse, infectious diseases, and depression. Officials say a lack of access to insurance for same-sex partners and children, along with societal discrimination, can contribute to chronic emotional stress and risky behavior.

6 An 8-year-old girl in Gunbarrel accidentally impaled herself on a wrought-iron fence surrounding a community pool. She was with friends outside the pool and slipped while trying to scale the fence, landing on a small spike at the top. The injury was under her ribcage and did not appear to be serious. The maintenance worker who heard her screams and called 911 said: "I felt really bad for her, it will probably be the last fence she climbs". Meanwhile, Mary Cheney married her longtime partner Heather Poe in Washington DC on June 22.

7 An estimated 7% of Americans carry the human papilloma virus (HPV) in their mouth & throat, putting them at heightened risk for mouth/throat cancers. This is thought to be the reason why orals cancers have skyrocketed in recent years, increasing 225% between 1988 & 2004. The findings indicate the virus is spread by oral sex, and not by kissing or casual contact. Speaking of cancer, a new report says US cancer rates continue to fall, thanks to better screening, treatment advances, and prevention efforts aimed at reducing smoking and other unhealthy behaviors.

8 The FDA has delayed a decision on whether to approve Truvada to prevent infection in HIV-negative persons. The agency will take 3 more months to review its application after Gilead submitted additional materials. In clinical trials, the drug was ~44% effective overall, however, when they analyzed drug levels in blood samples, they discovered it was ~99% effective for everyone who actually took the drug. This raises the question of its proper use in the "real world".

9 A first-of-its-kind ban on a controversial form of psychotherapy aimed at making gay people straight is speeding thru the California statehouse. Supporters say the legislation is necessary because such treatments are ineffective and harmful.

10 According to the Onion, real estate mogul and television personality Donald Trump reportedly stood before his full-length mirror and stared forlornly at his aged, shriveled penis before getting dressed. He spent 15 minutes morosely reflecting on his appearance, dedicating most of that time gazing at his desicated sexual anatomy and contemplating its all-but-total-lack of function. Meanwhile, the Onion is promoting the Paula Deen sponsored .05K walk for diabetes. The .031-mile course will cover a half block of Whitaker Street in Savannah's Historic District. Deen hopes to raise \$500,000 with the event and has asked donors to pledge \$1 to \$5 per step.



COMMUNITY EDUCAT10NAL FORUMS

"BY THE COMMUNITY ... FOR THE COMMUNITY"

Tuesday, July 10: **"History of HIV/AIDS in Denver"**

David Cohn MD, Denver Public Health, University of Colorado School of Medicine

(usual location, see below)

Tuesday, August 14: **Annual Potluck BBQ** (in lieu of monthly forum)

In the backyard garden behind the historic residences at 930 Humboldt Street
Please bring a side dish to share (main course, water, and paper goods provided)

Tuesday, September 11: **"Update on Health Care Changes"**

(especially with ADAP, Medicare & Medicaid, Insurance Programs, etc)

Bob Bongiovanni and Todd Grove, HIV Care & Treatment,, Colorado Dept of Health

(usual location, see below)

* FREE DINNER 6 PM *

* FORUM 6:30 PM (NO RSVP REQUIRED) *

COMMUNITY ROOM AT OUR SAVIORS

9TH & EMERSON (LOWER LEVEL, ENTER ON THE SIDE FROM EMERSON ST)

SPONSORED BY

TEN (TREATMENT EDUCAT10N NETWORK)

WWW.ONTHETEN.ORG

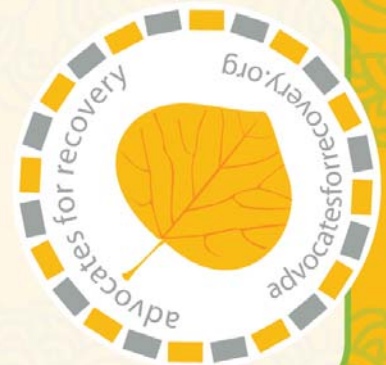
(IF YOU HAVE MEAT, WHEAT, OR OTHER FOOD ISSUES AND PLAN TO ATTEND, PLEASE LET US KNOW BY EMAIL TO: FORUMS.COLORADO@GMAIL.COM)

**SAT SEPT
8TH 2012
RALLY FOR RECOVERY**

9:00AM
WALK FOR RECOVERY
Union Station to Civic Center Park
with Phoenix Multisport

10:00AM
Greek Amphitheater
in Civic Center Park
with AFR and our
recovery community

12:00PM
**FUN • FOOD
CELEBRATION**



CALENDAR of EVENTS

July

- 1 (Sun) 11am: SIN Brunch at Panera (13th & Grant)
- 2 (Mon) free day: Museum of Nature and Science (17th & Colorado Blvd)
- 5 (Thu) 5pm: DHRPC Meeting: 1437 Bannock St Rm 389
- 5-8 (Thu-Sun): HIV Retreat at Shadowcliff (in the mountains)
- 6 (Fri) free day: Chatfield Botanic Gardens
- 7 (Sat) free day: Denver Art Museum (13th & Broadway)
- 7-11 (Sat-Wed): GALA Festival 2012 (see cover & pg 2)
- 8 (Sun): *Smackdown* fundraiser (see pg 10)
- 9 (Mon) 5:30-7pm: "*Running In Bed*" book signing (see pg 13)
- 10 (Tue) 6pm: Community Educational Forum (a)
- 10-11 (Tue-Wed) 7:30pm: Comedy Extravaganza (see pg 8)
- 13 (Fri) 6pm: SIN Happy Hour upstairs at the Skylark (S Broadway & Maple)
- 18 (Wed) 2-5pm: *Live Positive* (see pg 8)
- 19 (Thu) 11am: DHRPC Rebuilt+ (PLWH) Committee: 200 W 14th Ave 3rd fl conf room
- 22-27 (Sun-Fri): International AIDS Society Conference: AIDS 2012 (Washington DC) (see pg 5)
- 25 (Wed) 5:30pm: Denver Health CAB (b)
- 26 (Thu) free day: Denver Botanic Gardens
- 27 (Fri) 11:30am: University of Colorado CAB (d)
- 31 (Tue) 5-7:30pm: Ryan White Priority Setting Allocation Process part 1 (see pg 11)



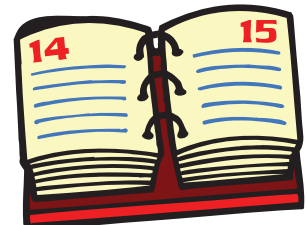
August

- 2 (Thu) 5pm: DHRPC Meeting: 1437 Bannock St Rm 389
- 3 (Fri) free day: Chatfield Botanic Gardens
- 4 (Sat) free day: Denver Art Museum (13th & Broadway)
- 5 (Sun) 11am: SIN Brunch at Panera (13th & Grant)
- 8-12 (Wed-Sun): *Rendezvous* Camping (Medicine Bow National Forest, Wyoming)
- 10 (Fri) 6pm: SIN Happy Hour at Skylark (S Broadway & Maple)
- 11 (Sat) AIDS Walk Colorado (Cheesman Park) (see pg 5)
- 12 (Sun) free day: Museum of Nature and Science (17th & Colorado Blvd)
- 14 (Tue) 6pm: Community Educational Forum (*annual potluck BBQ*)
- 16 (Thu) 11am: DHRPC Rebuilt+ (PLWH) Committee: 200 W 14th Ave 3rd fl conf room
- 20 (Mon) free day: Museum of Nature and Science (17th & Colorado Blvd)
- 22 (Wed) 5:30pm: Denver Health CAB (b)
- 28 (Tue) free day: Denver Botanic Gardens
- 29 (Tue) 5-7:30pm: Ryan White Priority Setting Allocation Process part 2 (see pg 11)
- 30 (Thu) 12-1:30pm: "Creating Care Team & Health Behavior Change" (d)
- 31 (Fri) 11:30am: University of Colorado CAB (d)



September

- 1 (Sat) free day: Denver Art Museum (13th & Broadway)
- 3 (Sun) 11am: SIN Brunch at Panera (13th & Grant)
- 6 (Thu) 5pm: DHRPC Meeting: 1437 Bannock St Rm 389
- 8 (Sat) 9am-1pm: Rally for Recovery *downtown Denver* (see pg 15)
- 8 (Sat) free day: Denver Art Museum (13th & Broadway)
- 11 (Tue) 6pm: Community Educational Forum (a)
- 13-16 (Thu-Sun): Mountain SIN Weekend (see pg 7)
- 14 (Fri) 6pm: SIN Happy Hour at Skylark (S Broadway & Maple)
- 20 (Thu) 11am: DHRPC Rebuilt+ (PLWH) Committee: 200 W 14th Ave 3rd fl conf room
- 26 (Wed) 5:30pm: Denver Health CAB (b)
- 28 (Fri) 11:30am: University of Colorado CAB (d)



Colorado Springs:

Tai Chi class every Friday Apr 13-May 25 5:30pm (Pikes Peak MCC 1102 S 21st St)

AIDS Living Quilt Class April 14 & 28 Noon (Pikes Peak MCC 1102 S 21st St)

Yoga: Saturdays 10:30am & Thursdays 5:30pm (Pikes Peak MCC 1102 S 21st St)

CAB = Community Advisory Board SIN = Strength In Numbers Colorado

DHRPC = Denver HIV Resources Planning Council (Ryan White funded services) www.dhrpc.org

(a) Our Saviors Community Room 9th & Emerson (enter on the side from Emerson)

(b) Denver Health 6th & Bannock Rm 245 (Julia 303.602.8742)

(c) U of C 12401 E 17th Rm 360 (nr Colfax & Peoria) (303.724.0797)

(d) Rocky Mountain CARES 4545 E 9th Ave #110 (Adrian 720.883.7761)

If you have an event for the calendar, send to: michael@OnTheTen.org or leave a message at 303.7777.208