



COMMUNITY EDUCAT10NAL FORUMS

“BY THE COMMUNITY ... FOR THE COMMUNITY”

“Change Your Thoughts & Change Your Life”

Brent Heinze

**Therapist, Denver Element Program Manager
and OutFront Colorado Senior Columnist**

Learn how thinking about situations differently can have a significant effect on your quality of life, relationships, and overall happiness.

Participants will receive a \$25 gift card. Join us for a great dinner and discussion!

WEDNESDAY 8 FEBRUARY 2017

*** FREE DINNER 6 PM ***

*** FORUM 6:30 PM (NO RSVP REQUIRED) ***

**COMMUNITY ROOM AT OUR SAVIORS LUTHERAN
9TH & EMERSON (LOWER LEVEL, ENTER ON THE SIDE FROM EMERSON ST)**

**SPONSORED BY
TEN (TREATMENT EDUCAT10N NETWORK)
AND THE DENVER ELEMENT “POZ IMPACT”**

*** SAVE THE DATE * NEXT FORUM ***

*** WEDNESDAY 15 MARCH * “HIGHLIGHTS FROM CROI CONFERENCE” * WATCH FOR FLYER & EMAIL ***

WWW.ONTHE10N.ORG

(IF YOU HAVE MEAT OR WHEAT ISSUES AND PLAN TO ATTEND, PLEASE LET US KNOW BY EMAIL TO: FORUMS.COLORADO@GMAIL.COM)